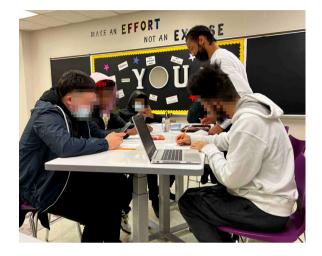
# 2021 - 2022 IMPACT REPORT





"[Working with a Life Coach] made me want to keep trying in life."

**10th Grade Student** Maya Angelou High School



"[Working with a Life Coach] made me see from others' perspectives and also to stay out of trouble."

#### 9th Grade Student Lincoln High School

## **Our Mission**

Our mission is to help at-risk, homeless, foster, and sex trafficked youth across North Texas rewrite their story. We partner with area schools, youth programs, and transitional homes to provide full time Life Coaches who are a safe, consistent influence for these youth.

## Four Pillars to Sustainability

Our Life Coaches work with youth on four pillars of life to help our youth to reach a place of sustainability. These include relationships, identity, skills, and kindness.

- Social Emotional Learning
- Self-Esteem
- Communication Skills
- Relationship Skills
- Financial Literacy
- Life & Career Skills
- Forgiveness
- Gratitude
- Service
- Empathy

## By the Numbers

282 3,290

at risk youth served. Life Coach hours spent serving at risk youth. schools, youth programs and transitional homes served.

## Where We Work







- Lincoln High School
- Pinkston High School
- Maya Angelou School
- Student Opportunity Center
- Youth Support Center
- The Ebby House

# **Measuring Our Impact**

We surveyed the students, staff, and administrators in the schools, youth programs, and transitional homes where we work. Here is what they had to say.

### Attendance

- 91% of youth surveyed report they are more motivated to come to school on the days their Life Coach will be there (Life Coaches serve each school 1 day per week).
- 85% youth attendance rate on days Life Coaches are present.
- 0% attrition rate (TWT program) by student choice.

## **Program Staff Survey**

100% of program staff surveyed report:

- Youth improvements in behavior, attendance, and academic performance.
- Youth look forward to their time with their Life Coach.
- Life Coaches support and help staff.
- Life Coaches support and help students.
- The TWT team provides a positive atmosphere when present.

### **End of Year Student Survey**

When asked about changes in their lives resulting from working with their Life Coach, students reported the following:

#### **Relationships and Kindness**

- 96% report improvements in one or more relationships.
- 94% believe other students they know would benefit from working with their Life Coach.
- 98% would encourage another youth to work with their Life Coach.
- 100% report that they trust the guidance given by their Life Coach.

#### Identity

- 92% report feeling more hopeful about their futures.
- 81% report feeling more positively about their lives.
- 89% report positive personal changes.
- 83% report improvements in their overall lives.

#### Skills

- 91% report learning healthy coping skills.
- 77% report improvements in communication skills.
- 72% report improvements in anger management skills.
- 87% report an improvement in goal-setting skills.

## Testimonials

"I can count on [my Life Coach] to look at me without any resentment and trust they will be honest but tender."

> Resident Youth The Ebby House

Most of the students seen by the Life Coaches have completed their courses and graduated...This was a great success this year."

#### Administrator

Frisco ISD Student Opportunity Center

"The youth have healthy connections, and trust and respect the coaches...Our program would not be as effective without TWT."

Director of Children, Youth, & Family Services

Juliette Fowler Communities

"[Working with a Life Coach] made me a better person. It helped me control my anger issues."

#### 10th Grade Student

Pinkston High School

"Together We Thrive staff connected with my student when I had not been able to."

> **Teacher** incoln High Schoo

"[TWT] is a stable presence in the lives of my students when they may not have one."

> School Coordinator Maya Angelou High School