

2021 – 2022 IMPACT REPORT



Our Mission

Our mission is to help at-risk, homeless, foster, and sex trafficked youth across North Texas rewrite their story. We partner with area schools, youth programs, and transitional homes to provide full time Life Coaches who are a safe, consistent influence for these youth.

Four Pillars to Sustainability

Our Life Coaches work with youth on four pillars of life to help our youth to reach a place of sustainability. These include relationships, identity, skills, and kindness.

- Social Emotional Learning
- Self-Esteem
- Communication Skills
- Relationship Skills
- Financial Literacy
- Life & Career Skills
- Forgiveness
- Gratitude
- Service
- Empathy

"[Working with a Life Coach] made me want to keep trying in life."

10th Grade Student
Maya Angelou High School

By the Numbers

282

at risk
youth
served.

3,290

Life Coach hours
spent serving at risk
youth.

6

schools, youth
programs and
transitional
homes served.

Where We Work



- Lincoln High School
- Pinkston High School
- Maya Angelou School



- Student Opportunity Center



- Youth Support Center
- The Ebby House



"[Working with a Life Coach] made me see from others' perspectives and also to stay out of trouble."

9th Grade Student
Lincoln High School

Measuring Our Impact

We surveyed the students, staff, and administrators in the schools, youth programs, and transitional homes where we work. Here is what they had to say.

Attendance

- 91% of youth surveyed report they are more motivated to come to school on the days their Life Coach will be there (Life Coaches serve each school 1 day per week).
- 85% youth attendance rate on days Life Coaches are present.
- 0% attrition rate (TWT program) by student choice.

Program Staff Survey

100% of program staff surveyed report:

- Youth improvements in behavior, attendance, and academic performance.
- Youth look forward to their time with their Life Coach.
- Life Coaches support and help staff.
- Life Coaches support and help students.
- The TWT team provides a positive atmosphere when present.

End of Year Student Survey

When asked about changes in their lives resulting from working with their Life Coach, students reported the following:

Relationships and Kindness

- 96% report improvements in one or more relationships.
- 94% believe other students they know would benefit from working with their Life Coach.
- 98% would encourage another youth to work with their Life Coach.
- 100% report that they trust the guidance given by their Life Coach.

Identity

- 92% report feeling more hopeful about their futures.
- 81% report feeling more positively about their lives.
- 89% report positive personal changes.
- 83% report improvements in their overall lives.

Skills

- 91% report learning healthy coping skills.
- 77% report improvements in communication skills.
- 72% report improvements in anger management skills.
- 87% report an improvement in goal-setting skills.

Testimonials

"I can count on [my Life Coach] to look at me without any resentment and trust they will be honest but tender."

Resident Youth
The Ebby House

Most of the students seen by the Life Coaches have completed their courses and graduated...This was a great success this year."

Administrator
Frisco ISD Student
Opportunity Center

"The youth have healthy connections, and trust and respect the coaches...Our program would not be as effective without TWT."

**Director of Children,
Youth, & Family Services**

Juliette Fowler Communities

"[Working with a Life Coach] made me a better person. It helped me control my anger issues."

10th Grade Student
Pinkston High School

"Together We Thrive staff connected with my student when I had not been able to."

Teacher
Lincoln High School

"[TWT] is a stable presence in the lives of my students when they may not have one."

School Coordinator
Maya Angelou High School