2022 - 2023 IMPACT REPORT



Our Mission

Our mission is to **champion the advancement of every youth** in North Texas who has been unjustly labeled. We aim to transform the lives of vulnerable youth, stepping in the gap for youth who are living in survival mode, and navigating life without a consistent adult. Our Life Coaches walk alongside these youth who are surviving to a place where they are thriving, removing labels that once defined them, labels they didn't ask for nor deserve.

Four Pillars to Sustainability

Our Life Coaches make a true impact for our youth through consistent, positive relationships. We seek to influence youth in four key areas: relationships, identity, skills, and kindness. Topics discussed with our youth include:

- Social Emotional Learning
- Self-Esteem
- Communication Skills
- Relationship Skills
- Financial Literacy
- Life & Career Skills
- Forgiveness
- Gratitude
- Service

Our Impact

611

Vulnerable Youth Served 2,896

Life Coach & Youth Meetings 3,154

Life Coach Hours in Community 135

Volunteer Hours in Schools **53**

Youth Graduates

4,881

Snacks Provided

215

Meals Provided

2,520

Waters Provided

Where We Work









From Our Community

We surveyed the youth, staff, and administrators in the schools, youth programs, and transitional homes where we work. Here is what they had to say.

Attendance

- 91% of youth surveyed report they are more motivated to come to school on the days their Life Coach will be there.
- 85% youth attendance rate on days Life Coaches are present.
- 0% attrition rate (TWT program) by student choice.

Program Staff Survey

100% of program staff surveyed report:

- Youth improvements in behavior, attendance, and academic performance.
- Youth look forward to their time with their Life Coach.
- Life Coaches support and help staff.
- Life Coaches support and help students.
- The TWT team provides a positive atmosphere when present.



9th Grade Student

"[Working with a Life Coach] made me see from others' perspectives and also to stay out of trouble."

Lincoln High Schoo

End of Year Youth Survey

Our youth reported the following outcomes as a result of having a Life Coach:

Relationships and Kindness

- 96% report improvements in one or more relationships.
- 94% believe other youth they know would benefit from working with their Life Coach.
- 98% would encourage another youth to work with their Life Coach.
- 100% report that they trust the guidance given by their Life Coach.

Identity

- 92% report feeling more hopeful about their future.
- 81% report feeling more positively about their life.
- 89% report positive personal change.
- 83% report improvements in their overall life.

Skills

- 91% report learning healthy coping skills.
- 77% report improvements in communication skills.
- 72% report improvements in anger management skills.
- 87% report an improvement in goal-setting skills.



"[Working with a Life Coach] made me want to keep trying in life."

Maya Angelou High School

Testimonials

"I can count on [my Life Coach] to look at me without any resentment and trust they will be honest but tender."

Resident Youth

The Ebby Hous ϵ



"The youth have healthy connections, and trust and respect the coaches...Our program would not be as effective without TWT."

Director of Children, Youth, & Family Services

Juliette Fowler
Communities

"Together We Thrive staff connected with my student when I had not been able to."

Teacher

Lincoln High School



"Your team simply
resonates leadership and
support. TWT is an
exemplar of what
excellence looks like. That's
one of the greatest assets
you bring to the school
community!"

Principal

Pinkston High Schoo

"[Working with a Life
Coach] made me a better
person. It helped me
control my anger issues"

10th Grade Student

Pinkston High Schoo



Most of the students seen by the Life Coaches have completed their courses and graduated...This was a great success this year."

Administrator

Frisco ISD Student Opportunity Center

